

February-March News

From Sumpter Health Club

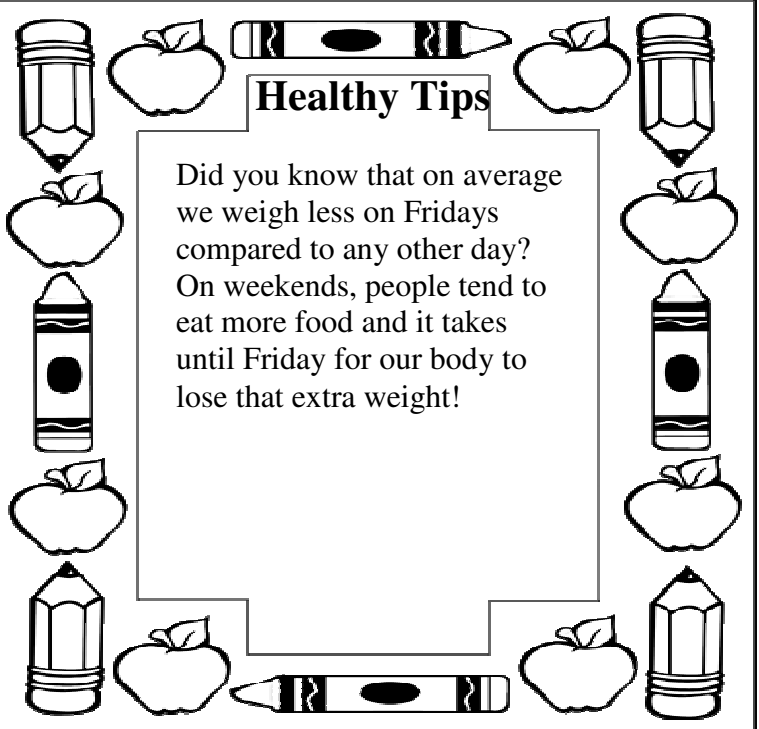
Things we are learning...

We are just finishing our Badminton and Pickleball units. These units have been really good and the improvement racket skills have greatly increased.

We are planning to start our dance and cooperative games units in the up coming months. We will be teaching basic rhythm as well as letting students create dances and sharing them with the class.

With the cooperative games unit, we look forward to getting the students to work together, build trust in each other, and learn to be responsible to themselves and their team.

These units will create more unity within our students and new and stronger friendships can be made with these units.



Note from the teachers...

Please make sure your child wears or brings the proper shoes to participate fully and safely. Please check the schedule on the website to see what days your child has Health Club and to read more about our program.

Thank you for the time and we appreciate any feedback or questions you may have!